

PRESENT CONTINUOUS. POSITIVE FORM

We make the positive form of the present continuous with the verb to be (am, are, is) and the main verb with the suffix -ing.

SUBJECT	to BE	VERB+ing
I	am	eating
You	are	sleeping
He	is	reading
She	is	keeping
It	is	hiding
We	are	driving
You	are	swimming
They	are	winning

Short Forms

I am	I'm
you are	you're
he is	he's
she is	she's
it is	it's
we are	we're
they are	they're

When we speak, we often use short forms called contractions.

When we write a short form, we replace the missing letter (or letters) with ' called an apostrophe.

I'm playing football.

He's playing football.



to sleep

I am sleeping
you are sleeping
he is sleeping
she is sleeping
it is sleeping

we are sleeping
you are sleeping
they are sleeping

to dance

I am dancing
you are dancing
he is dancing
she is dancing
it is dancing

we are dancing
you are dancing
they are dancing

to sit

I am sitting
you are sitting
he is sitting
she is sitting
it is sitting

we are sitting
you are sitting
they are sitting